



Post Road Market

217 Boston Post Road
East Lyme CT 06333

739-3800

Breakfast-Lunch-Dinner
All to Go

The Best Breakfast Sandwich in Town

2 Eggs, cheese, with your choice of ham, bacon, sausage or any of our fresh deli meats on a fresh baked Kaiser roll made to order
\$3.77

Any size hot coffee \$1.00 with any Breakfast

LUNCH

	8"	16"
Smoked Turkey	\$6.79	\$11.50
Italian	\$6.79	\$11.50
Turkey Club	\$6.79	\$11.50
Roast Beef	\$6.79	\$11.50
Tuna Salad	\$6.79	\$11.50
Smoked Shrimp & Seafood Salad	\$6.79	\$11.50
Black Forest Ham	\$6.39	\$11.00
Roasted Turkey	\$6.39	\$11.00
Egg Salad	\$6.39	\$11.00
Chicken Salad	\$6.39	\$11.00
Cooked Salami	\$6.39	\$11.00
Corned Beef	\$6.39	\$11.00
Genoa	\$6.39	\$11.00
Pastrami	\$6.39	\$11.00
Hot Capicola Ham	\$6.39	\$11.00
Meatless	\$4.99	\$ 9.99

White Wheat, Rye, Wrap, or Kaiser Roll also available

SALADS—A variety of fresh salads are always available.

DESSERTS—Something tempting is always available in our refrigerated pastry case.

CATERING— We are a full-service caterer specializing in clam bakes / Call for your customized menu.

"Let our grill master cook it for you."

mon 7/6

All Wrapped Up

Rancher's Delight

Thumann's 99% fat free roasted turkey breast, bacon, cheese, lettuce & tomato and ranch dressing. All in one of our tortilla wraps.

\$6.60

The 911

Thumann's 98% fat free sliced Buffalo Chicken, spicy buffalo sauce, Blue Cheese or Ranch dressing, lettuce & tomato. All in one of our flour tortilla wraps.

\$6.60

The Barnyard

Ham, Genoa Salami, capicola, proscuitto, Provolone cheese, lettuce & tomato, and Balsamic Vinaigrette. All in one of our flour tortilla wraps.

\$6.60

Chicken Little

Fresh grilled chicken breast sliced and tossed with Romaine lettuce, Parmesan cheese and our creamy Caesar dressing. All in one of our flour tortilla wraps.

\$6.60

Corporate Catering / Thumann's Premium Deli / New England Coffee Bar
Homemade Soups & Desserts

Soup of the Day

*MEATBALL MADNESS
5.99

Special of the Day

CHICKEN SALAD CLUB WRAP
6.49

Dessert of the Day

RED VELVET CAKE